

EMBODIED MASCULINE

Connection • Empowerment • Purpose



Transpersonal Facilitator Training Program (TFTP)

Level 1

A 6-month IPHM accredited program with
a 4-Day hands-on immersive retreat

(Level 1 container is limited to 12 participants - men selected based on an application/interview process - Level 2 by invitation only)

STEP INTO YOUR POWER AS TRANSPERSONAL FACILITATOR

This 6-month program is designed for anyone interested in or currently holding space for deep embodiment and/or healing work.

Many who answer the call to serve others in this realm are disheartened when their efforts fall short in creating a vibrant and growing community. Growth happens with impeccable structure, the potency of your transmission, and consistency. This program will be the foundation of your offerings.

Creating and holding an impeccable container is a must for any facilitator involved in opening their clients to deep work. Without it, you will not be trusted nor will they allow themselves to unfurl toward healing and growth in your space.

Then there is your transmission, your teaching voice, the tools you use in opening people & spaces, plus your unique offerings.

We will dive deep into these topics in theory and in practice, plus much more. We will work on creating practices out of intention, empowering your unique teaching voice, utilizing the 5 instruments of working with the energetic body, building structure in support of your offerings, and guiding you in creating an airtight container for deep, transformational work. (see "Benefits from taking this course" below)

Graduates of this program will be accredited by Embodied Masculine™ & IPHM. Graduates of this program will also be able to assist/lead Embodied Masculine™ circles.



David Altman

“

Amir holds an impeccable container providing a safe environment to grow and learn. His combination of deep wisdom, experience, open heartedness, and clear pointed feedback provides a special experience and transmission.

”



This program is IPHM accredited. The International Practitioners of Holistic Medicine (IPHM) has been developed to provide the general public and health care professionals with a body of regulated professionals, all hold relevant qualifications or experience to recognized levels. All who complete this program will receive the IPHM members certification, gain access in securing holistic business insurance for their offerings, and more.



BENEFITS OF TAKING THIS COURSE

- ✓ Understanding the power of **STRUCTURES & FLOW OF ENERGY**.
- ✓ Empowering your teaching **VOICE**
- ✓ Practices in developing your capacity for deep **TRANSMISSION**
- ✓ Birthing **CLARITY** surrounding your offerings & programs
- ✓ Turn your intentions into **TRANSFORMATIONAL** practices
- ✓ Deepening capacity in holding a **SAFE & POWERFUL** circle or group
- ✓ Learn to create and work within **LIMINAL & SACRED SPACE**
- ✓ Get hands-on **TRAINING**, evaluation & feedback
- ✓ Gain access and exposure to learning myriad of somatic, shamanic, and embodiment **PRACTICES**
- ✓ Experience **GROWTH** within your community, circle, or group
- ✓ Learn to create a **VIBRANT** virtual space
- ✓ Learn how to **CREATE** online courses within your own website
- ✓ Become **PURPOSE** driven vs. self-driven.
- ✓ IPHM (International Practitioners of Holistic Medicine) **ACCREDITATION**
- ✓ Embodied Masculine™ **CERTIFICATION** for those that complete Level I. You will be able to assist and potentially lead Embodied Masculine™ circles, workshops, and retreats.)
- ✓ Level 2 graduates will learn deeper practices such as Shadow-work, Somatic release, Shamanic journeying & more
- ✓ A 4 Day / 3 Night Immersive Retreat (Location TBD - Lodging & feed included in your tuition)

TENATIVE SCHEDULE

Module #1

Saturday, July 20, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

Sunday, July 21, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #1

Module #3

Saturday, September 14, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

Sunday, September 15, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #3

Module #5

November 09, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

November 10, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #5

TFTP Hands-On Retreat "The Ouroboros"

Thursday, October 24, 2024 – Sunday, October 27, 2024

Module #2

Saturday, August 17, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

Sunday, August 18, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #2

Module #4

October 12, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

October 13, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #4

Module #6

December 07, 2024
(8:30 a.m – 12:30 p.m PST)
Lesson / Q & A

December 08, 2024
(8:30 a.m – 12:30 p.m PST)
Practice Session #6

6 Modules

We Will Be Working With

Module 1
Foundations

Module 2
The 5 Instruments of working with energy

Module 3
The Wounded Healer

Module 4
Drala & Flow of Energy

Module 5
Inner Workings

Module 6
The Hollow Bone

SCHEDULE IN YOUR REGION

We will meet one weekend a month for six months. On Saturdays, we will focus on the module/lessons at hand, and on Sundays, we will focus on practices and hands-on training. 6 hours of learning and practicing each weekend. We will also be offering dojo hours led by Level 1 certified facilitators in between our monthly meetings. Your training will culminate with a powerful hands-on retreat to be held in December of 2023, location TBD.

PACIFIC STANDARD TIME

Saturday Module/Q&A:
8:30 – 12:30

Sunday Practice Sessions:
8:30 – 12:30

EASTERN STANDARD TIME

Saturday Module/Q&A:
11:30 – 14:30

Sunday Practice Sessions:
11:30 – 14:30

LONDON

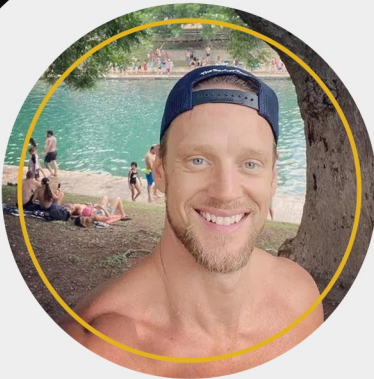
Saturday Module/Q&A:
16:30 – 20:30

Sunday Practice Sessions:
16:30 – 20:30

CENTRAL EUROPE

Saturday Module/Q&A:
17:30 – 21:30

Sunday Practice Sessions:
17:30 – 21:30



JOHN ROBERT DOWNS

“ I strongly recommend that men work with Amir, either through his group formats (Wednesday night embodiment circle's) or via 1:1 coaching. Amir has been an integral part of my conscious awakening. He has built a powerful community of men that are "on the path" and have provided me with much needed camaraderie, and his extensive knowledge of depth psychology, embodiment practices, and masculine-feminine dynamics has helped me develop as a man and leader. ”



SAM MORRIS

“ I have had the deep honor, pleasure and privilege of knowing and working with Amir for close to three years and he is one of the most trusted allies I have on the path of living as a powerfully aligned man. Amir is committed to living his truth on such a deeply authentic level and it comes through with everything he does. To get to share time with Amir is absolutely invaluable. ”

A 6 Month Foundational Course In Holding A Powerful, Sacred, Safe And Transformative Container

JAMIE WOLRAB

Amir is a leader. Pure and simple. Wise and honest as well as one of the most generous souls I've worked within. He has helped so many. I send as many men as I can do his groups. I'm lucky to have crossed paths with him. I highly recommend anyone to work with Amir!



MEET YOUR INSTRUCTOR AMIR KHALIGHI

Amir's work with men started at the age of 23. Through his 20s and 30s, he worked with hundreds of men centered around addictive behaviors and also through the discipline of martial arts. Subsequently, his work has evolved and now encompasses Jungian archetypal, somatic, shamanic and embodiment methodologies.

His passion in the field of men's work has been most influenced by mythopoetic men's work, Sufi mysticism, yogic intimacy, martial arts, Celtic mythology & shamanism, Hermetic Qabalah and Jungian archetypal psychology (see our lineage page for a deeper look).

A 4-Day Hands On, Immersive Retreat



A 3 Steps Process For Consideration In Claiming One Of The 12 Spots For Level 1

STEP 1 Fill Out Your Application

Submit Application

STEP 2 Be Invited To Interview

You may be invited to an interview based on your application. We expect more applicants for entry into the Embodied Masculine Transpersonal Facilitator Training Program (TFTP) than the available 12 spots. Not all applicants may gain entry into this program. All applicants will have to go through an application/interview process. If you are interested in this program you have the highest chances of gaining entrance and applying as soon as possible for this session.

The men in this program are selected based on their readiness, willingness, openness, and commitment to diving into this level of leadership work.

STEP 3 Pay Course Fee & Sign Your TFTP Agreement

If after your interview you receive an official invitation to join the program you are welcome to pay for your course fee (in full or by taking advantage of one of our payment plans) & sign your TFTP agreement, which will be emailed to you once your tuition is received. the spot on the 12-man roster is yours.

Course Fee

[Paid In Full]
TOTAL \$5,500

\$5,500.00

Claim Your Spot

Payment Plan 1

[4 Month Payment Plan]
+7% - TOTAL \$5,885

4 X \$1471.25

Claim Your Spot

Payment Plan 2

[6 Month Payment Plan]
+ 10% - TOTAL \$6,050

6 X \$1008.33

Claim Your Spot



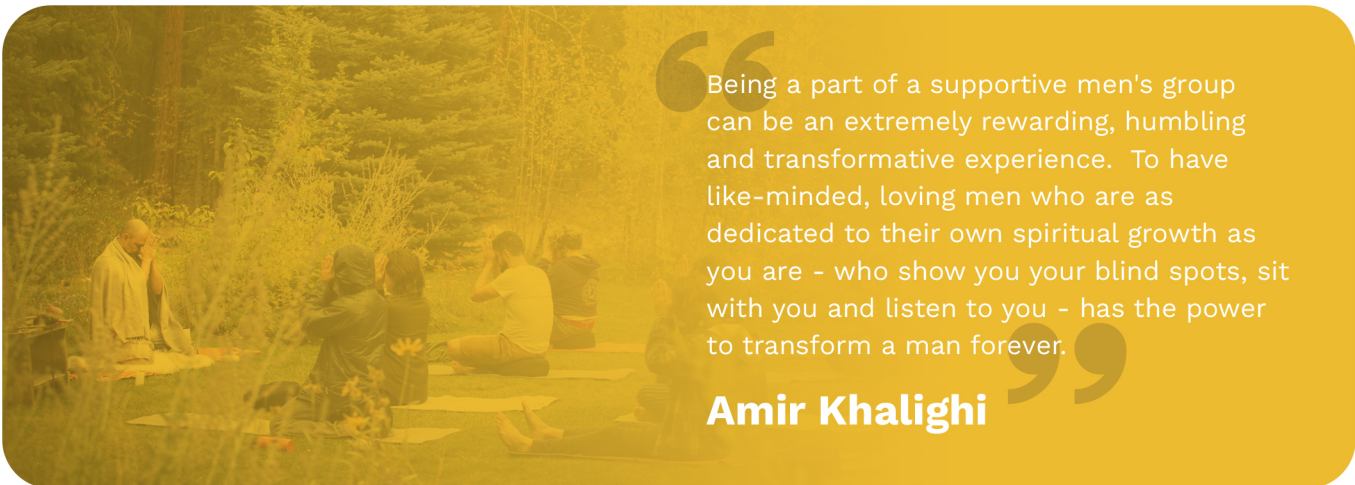
1 full scholarship & 1 partial scholarship will be offered for this program. Email info@embodiedmasculine.com (subject: transpersonal facilitator training program scholarship) for consideration. If you have already attended an Embodied Masculine event or course under scholarship, you do not qualify.

What's Included

- ✓ 4-Day immersion retreats, on private estates, conducive to deep work in the heart of nature with hands-on teaching. (locations TBD) Lodging is included.
- ✓ Farm-to-table meals at the retreat
- ✓ Direct feedback and hands-on training in virtual space and at the retreat
- ✓ (12) virtual conference calls spread out over - (2) calls per weekend - (1) weekend per month, with (6) hours of lessons, training, and practices per weekend.
- ✓ Access to a private community page & online course portal for those in enrolled in this course
- ✓ Free access to Embodied Masculine's weekly embodiment circles during the program period
- ✓ Access and exposure to guest teachers
- ✓ (4) 15 min. check-ins with Amir & (1) 60 min. 1:1 private session with Amir Khalighi
- ✓ A 6 month container to support fine-tuning your offerings with peer group support, feedback and accountability

“ In one sense, the voyage of self-discovery is solitary, but that doesn't mean you have to take it all alone. A lot of men suffer silently when they are in creative chaos and feel something is wrong with them because they don't realize other men are experiencing a similar disintegration of the old modes of masculinity. In matters of the psyche and spirit, taking the journey and telling the story go hand-in-glove, and that is why we need a listening community in order to make our solitary pilgrimage. The most powerful resource we have for transforming ourselves is honest conversation between men and men, women and men, men and women. ”

Sam Keen - *Fire In The Belly*



“ Being a part of a supportive men's group can be an extremely rewarding, humbling and transformative experience. To have like-minded, loving men who are as dedicated to their own spiritual growth as you are - who show you your blind spots, sit with you and listen to you - has the power to transform a man forever. ”

Amir Khalighi