EMBODIED MASCULINE

Connection • Empowerment • Purpose

"ORIGINS"

A Co - Ed Sacred Retreat

THE SACRED VALLEY OF PERU

MAY 1-6, 2024 - LIMIT 12 PARTICIPANTS

www.embodiedmasculine.com

The Origins co-ed retreat offers an extraordinary opportunity for passage to the core of our sense of self, a true journey of self-discovery while transcending the noise of our daily lives as we lean into receiving the nourishment of this sacred land. In this enclave, hidden from the distractions of a progressively loud and chaotic world, as a community we will embark on an inner pilgrimage through powerful practices and sacred ceremonies to uncover the hidden facets of our soul's yearnings.

Allow this retreat to be the pattern-interrupt to your everyday routines, affording you to fall into the most profound sense of community as you drop into practices and ceremonies designed to cultivate a sacred space for clarity and ultimate transformations while being deeply held and nourished.

As we venture into the depths of our being, we gain insights into our true desires, passions, and purpose, forging an unbreakable connection with the most profound and essential parts of ourselves, others, and the natural world.

This retreat will serve as a mirror to our soul's callings and yearnings, reflecting our innermost hopes, fears, and dreams; ultimately guiding us toward a richer, more profound understanding of who we are and what we aspire to become and birth on this life path.

"Origins" Co-Ed Retreat 5 Intentions:

01 To be a catalyst of **TRANSFORMATION** through deep practices and sacred ceremonies.

02 To cultivate a profound **CONNECTION** to one's sense of the higher self & the natural world.

03 To be a safe container for the unfurling of the body to receive deep **NOURISHMENT** from the land and shared, organic meals.

04 To listen and claim the soul's **YEARNING** and calling in living this beautiful life.

05 To create an unforgettable **ADVENTURE** that will change lives.

WHAT TO EXPECT:

01 **Shamanic, Somatic & Embodiment Practices**

02 **Sacred Ceremonies**

03 **Luxury Sustainable Lodging**

04 **Rejuvenate Your Body And Soul**

05 **Bodywork Treatments**

06 **Machu Picchu Excursion**

07 **Majestic Nature Hikes**

08 **Organic Peruvian Cuisine**

09 **Airport Transfers**

Wellness & The Dome

The Geodesic dome (seen on the left) is nestled at the foot of the Apu Pututuyuc, an 800-meter cliff where many condors nest and call home. It is surrounded by fruit trees and aromatic herbs used in meals we will be sharing. Its private setting lends itself to a relaxing and peaceful experience. Its wooden skeleton and the floor are made of Misa wood ('Brazilian oak') with wall panels of reinforced glass, providing 360-degree views of the surroundings.

All our practices and two of three ceremonies will be held here.

The facility also provides a myriad of treatments. Included in your registration is one full-hour bodywork session.

Sacred Ceremonies

Grandmother Ceremony:

This ceremony is a profound and transformative experience that has been embraced for centuries by indigenous Amazonian cultures. At its essence, grandmother medicine is renowned for its capacity to induce altered states of consciousness. The ceremony will be guided by a seasoned shaman (Kano Mai) with assistants from co-facilitators. This experience provides a unique opportunity for self-discovery, healing, and spiritual growth. Grandmother medicine is believed to act as a wise and nurturing guide, offering insights into the deepest recesses of the subconscious. Participants often report gaining profound wisdom, experiencing a heightened sense of interconnectedness, and undergoing significant personal transformations. The power of this medicine ceremony lies in its ability to facilitate a sacred journey of self-exploration, connecting participants with ancient wisdom and fostering a deep understanding of the interconnectedness between the self, the natural world, and the spiritual realms.

Kambo Ceremony:

Kambo acts on the whole being: balancing mind, body, spirit and, emotional realms, returning the subtle energy body back into harmony. In the Amazon Rainforest, this medicine is known to bring happiness to those who take it, to bring luck, and to unblock and circulate the heart chakra, among many other benefits. The indigenous tribes say the main reason to receive the natural vaccine is to remove “Panama” which is the thick cloud of haziness that sits on the top of the energy field of a person. It brings the person back to his/her natural state of perfect harmony and highest physical, emotional, and spiritual potential, reconnecting one to self.

Tea Ceremony:

Tea ceremony is a space where we can settle into a quiet, grounded place inside ourselves. Where we can slow down, outside of the harried pace of day-to-day life, with the medicine of tea as our guide. She is a gentle teacher who meets us exactly where we are, asks nothing of us, and opens a door to awakened presence and a peaceful sense of connection. The centuries-old ritual of Cha Dao, or “the way of tea”, incorporates the elements of nature in a dance of fire, water, earth, and space. The ceremony is held in noble silence as we have the opportunity to mindfully tune into ourselves, our breath, our senses, and into the tea itself...slowing our minds, opening our hearts, and inspiring our spirits with a deeper connection to ourselves and to Nature.

Meet Your Facilitators

Amir Khalighi

Amir is a Shamanic practitioner, founder, and lead facilitator at Embodied Masculine™. His journey into self-actualization started during his college years with study in existential philosophy and comparative religious studies. His work with men began 30 years ago at the age of 23. Through his 20s and 30s, he worked with hundreds of men centered around addiction and personal development through martial arts. Subsequently, his work has matured and now encompasses Jungian archetypal psychology, somatic healing, shamanic practices, and Hermetic & embodiment methodologies.

Keri Khalighi

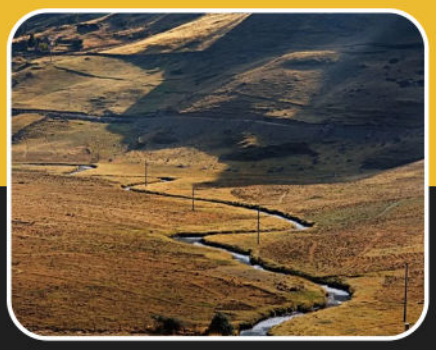
For the last 15 years Keri has devoted to studying, training, and practicing with teachers from various Tantric lineages, somatic knowledge, shamanic wisdom, and subtle energy work. Life has led Keri to do her richest internal work in the realms of feminine embodiment, somatic hearling, sacred intimacy and sexuality, the path of motherhood, conscious communication, and the way of tea. She is passionate about working with women to reconnect them to the power and truth of who they really are – both individually and collectively – in this potent time as the divine feminine reemerges to take Her rightful seat once again.

Kano Mai

Kano is a professional musician, a transformational coach, a shamanic practitioner and a mens work facilitator. He has many musical endeavors under his belt and began a massive life transition through addiction recovery. Kano has studied extensively in the Amazon jungles of Peru with Indigenous healers, learning and teaching the ancient ways of sacred ceremonial work, as well as developing healing music inspired by different tribes and traditions. He has passion not only for his own personal growth but also helping others achieve their true potential. Guiding those who are ready to a deeper connection with their authentic selves.

Olka Yakimenko

Olka is an Advanced Kambo Practitioner and a Shamanic Practitioner. She has been serving Kambo since 2018. Tribes of the Amazon often refer to Kambo as "Hunting Magic" as it strengthens the physical body and the mind. Kambo brings energy and stamina into the body and sharpens the senses. It makes the mind still and allows one to think clearly. The small things that bother us daily do not seem to be as significant following a Kambo session, allowing one to focus on the things that truly matter in life.



SINGLE OCCUPANCY REGISTRATION

Payment In Full	Payment Plan #1	Payment Plan #2
One Single Payment - Early Bird Discount Ends On 1/6/24	[3 Month Payment Plan - Total $4,216] - Price Increase On 1/6/24	[6 Month Payment Plan - Total $4,407] Price Increase On 1/6/24
$3,833.00	**$1,405.00 / Month For 3 Months**	**$735.00 / Month For 6 Months**
Claim Your Spot	Claim Your Spot	Claim Your Spot

DOUBLE OCCUPANCY REGISTRATION

Payment In Full	Payment Plan #1	Payment Plan #2
[One Single Payment - Early Bird Discount Ends On 1/6/24	[3 Month Payment Plan - Total $3,788] - Price Increase On 1/6/24	[6 Month Payment Plan - Total $3,960] Price Increase On 1/6/24
$3,444.00	**$1,262.00 / Month For 3 Months**	**$660.00 / Month For 6 Months**
Claim Your Spot	Claim Your Spot	Claim Your Spot

QUAD OCCUPANCY REGISTRATION

Payment In Full	Payment Plan #1	Payment In Full
[One Single Payment - Early Bird Discount Ends On 1/6/24	One Single Payment - Early Bird Discount Ends On 1/6/24	[3 Month Payment Plan - Total $3,446] - Price Increase On 1/6/24
$3133.00	**$1,262.00 / Month For 3 Months**	**$1,149.00 / Month For 6 Months**
Claim Your Spot	Claim Your Spot	Claim Your Spot