EMBODIED MASCULINE Connection • Empowerment • Purpose



THE MI-IR PROGRAM

4 MONTH MEN'S WORK INTENSIVE & RETREAT PROGRAM

SPACE IS LIMITED TO 15 MEN | ADMISSION BY APPLICATION AND INTERVIEW PROCESS NOW ACCEPTING APPLICATIONS FOR 2024 SESSION

www.embodiedmasculine.com





THE MI-IR PROGRAM

4 MONTH MEN'S WORK INTENSIVE & RETREAT PROGRAM

The Program's 5 Intentions:



To be a catalyst of **TRANSFORMATION** in men's lives



To empower and **SUPPORT** men to offer their gifts to the world



To cultivate a deeper CONNECTION to one's highest self



To bring clarity of **PURPOSE**



To cultivate a deeper capacity for men to live in their **POWER**

This work will culminate with a private 5-day/4-night male-initiation retreat

Founders Message



Amir Khalighi *Founder of Embodied Masculine*



Jason D MI-IR Alumni

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Men come seeking answers on why they keep getting into the same types of relationships with similar outcomes, having issues surrounding money or feeling stuck in their lives. They want to fix or change their outside circumstances in order to feel better on the inside. We change that paradigm perspective in this work. We shift our attention & awareness inward. Before a man can know and claim his purpose, he must burn his attachments which preoccupy his mind and his life. As he does, he will pick up the scent of his inner essence-his higher self-to guide and lead him. He then learns to develop & nurture that inner flame. He stops his conquest to feel free from the burdens of his circumstances and finds nourishment through his connection to the Divine. He stops falling in love with the gifts & starts falling in love with the Giver."

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The growth, self-awareness, capacity for leadership, and brotherhood that I've cultivated during the MI-IR program has made a tremendous impact on my life. I used to be constantly swayed by the turbulence of life happening around me, whether it be related to career or relationships. Then, through working with Amir and the MI-IR program, I learned to ground myself through a more intuitive understanding of nature and a daily practice to sustain my connection to the Divine. Life is constantly testing us, and it's easy to be bulldozed by our circumstances, but by doing the hard-work set out for me in this program, and staying close to the trustable men that I've met there, I've learned to find my center and to daily reaffirm my commitment to deepening my consciousness. I used to not fully trust men, I used to have a story about how I don't fit in with them, until I met the men in this group who I trust with my life. I've never felt more inner peace and groundedness, all during the middle of a global pandemic. Any man who wishes to find his connection to something greater than himself and develop the capacity to handle the turbulence of the world should absolutely enroll in this program.



- More clarity of PURPOSE, and confidence and capacity to offer your gifts into the world
- ♂ To cultivate a deeper CONNECTION to the Divine
- ♂ To develop a daily PRACTICE
- ⊘ SHADOW work and integration
- DEEPEN your masculine container, consciousness and nervous system to better hold the masculine pole
- Become more receptive in receiving deeper NOURISHMENT from the Feminine
- LEAD more powerfully in your intimate relationship(s)
- CREATE polarity in your intimate relationship dynamic
- To be SUPPORTED by strong, loving men who want nothing from you
- Solution To be held ACCOUNTABLE by other men on how you show up in the world

- Shed what no longer serves you in order to **CREATE SPACE** to call in what does
- ⊘ A shift in PERSPECTIVE and approach in being with uncomfortable circumstances
- Learn to hold, process, generate, integrate & create with your ENERGY
- ♂ To learn various spiritual practices to cultivate more depth & PRESENCE in your life
- FREEDOM from behaviors not in alignment with your spiritual evolution & emotional growth, such as: addictions to porn, substances, approval, food and other forms of self sabotage
- Get in touch with a **POWER** that will guide and empower your life
- Stop living from a place of fear and START LIVING from a place of being rooted in Source
- A TRANSFORMATIVE 5-day / 4-night initiation retreat in the heart of Nature

What MI-IR Alumni Have To Say

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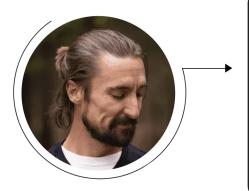


It is often said that getting from head to heart is the longest journey, and this program gives us concrete, real world vehicles to experience the fullness of love & presence that we were perhaps created for. It is challenging, and freeing. Join in on this adventure into your own soul, and you will be changed. - Bcau W



We are often blind to seeing our true selves. We live our day-to-day conforming to societal constructs, which suppresses our ability to embody and show the world our true inner warrior

In doing the work in this program, I am peeling back layers upon layers of bullshit! The container in which Amir holds alongside the men doing the work with me, has been instrumental in shifting and reshaping who I am and the gift that I bring into this world. Words can't express my deepest gratitude. **- John Y**



The work with Embodied Masculine has cultivated tools and awareness in me to more fully express and see the beauty within me, nature, my family & friends. I encourage anyone who is called to this path to step in & experience deeply the joy of finding their purpose & freely expressing their gifts to the world. When you choose to do this work you will take a meaningful step into your deepest most authentic life. - Steve W

Four Month Program Includes:

- Live Video Group Calls: (9) two and half-hour video conference calls with Amir consisting of teachings, assignments, and practices designed to take you deep into introspective, embodiment, and somatic practices designed to help you shed your old skin as you step more powerfully into your purpose and life.
- Group Coaching: (4) 90 min. group coaching conference calls will be provided during this 4 month container. You can bring any challenges to these calls for reflection & support.
- **Private Session:** (1) private 1:1 session with Amir.
- Free Access: To all weekly virtual embodiment circle gatherings between Jan 02, 2024 to Jan 02, 2024 to April 28, 2024.
- Initiation Retreat Deep In the heart of Mother Nature: 5-day / 4-night initiation retreat in the heart of Mother Nature. Lodging & food included. Travel not included. (Location will be announced on or before March 01, 2024).
- Support, Camaraderie & Accountability: You will receive support and honest feedback from men in your group, your triad & Amir surrounding purpose, intimacy, relationships and this deep introspective work.
- Lifelong Practices & Brotherhood: You will pickup spiritual and embodiment practices to support your journey into stepping into the most powerful version of yourself and bond with men that will be in your heart and life beyond this 4 month.



What Does The Initiation Entail?

During the months leading up to the private initiation retreat, you will be training to strengthen yourself physically, emotionally, and spiritually. During the retreat we will meet in person in the heart of Nature to dive deeper into shared embodiment practices from sunrise to sunset. We will be nourished with amazing farm-to-table meals and participate in a transformative initiation ceremony on the final night of your stay.

The initiation ceremony experience is intentionally private in nature but know that it is designed to connect you on a cellular level to the deepest part of you, bringing you in communion with the Great Mother, Nature, Higher Self, God or however you choose call Her. + A 5 DAY / 4 NIGHT RETREAT: TENTATIVE LOCATION FOR 2024 SESSION:

Sacred Valley Of The Incas, Peru

Schedule Of Calls & Retreats (Tentative)

CONFERENCE CALL

- ♂ Kick-Off Call" Monday, January 02, 2024 (6 p.m -8 p.m PT)
- ✓ Call #2 Sunday, January 14, 2024 (12 p.m 2 p.m PT)
- ✓ Call #3 Sunday January 28, 2024 (12 p.m 2 p.m PT)
- © Call #4 Sunday February 11, 2024 (12 p.m 2 p.m PT)
- Call #5 Sunday February 25, 2024 (1 p.m 3 p.m PT)
- © Call #6 Sunday March 03, 2024 (2 p.m 4 p.m PT)
- S Call #8 Sunday March 31, 2024 (12 p.m − 2 p.m PT)
- ♂ Call #9 "Final Call" April 14, 2023 (12 p.m 2 p.m PT)

CONFERENCE CALL

- ♂ Call #1 Tuesday January 09, 2024 (10 a.m 11:30 a.m PT)
- S Call #2 Tuesday February 06, 2024 (10 a.m − 11:30 a.m PT)
- ✓ Call #3 Tuesday March 12, 2024 (10 a.m 11:30 a.m PT)
- © Call #4 Tuesday April 09, 2024 (10 a.m 11:30 a.m PT)



Retreat Preparation Call -Friday, April 20, 2024 (6:00 p.m - 7:30 p.m PT)

Initiation Retreat – Apr 24-28, 2024 (Tentative location: Sacred Valley Of The Incas, Peru)

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A 3 Steps Process For Consideration In Claiming One Of The 15 Spots In This Program

Please note: We get more applications for entry into the MI-IR program than the 15 available slots. Not all applicants will gain entry into this program. All applicants (minus alumni) will have to go through an application / interview process. If you are interested in this program you have the highest chances of gaining entrance and applying as soon as possible for this session. Returning alumni can simply pay for their tuition and claim a spot on the upcoming roster. All new men are selected based on their readiness, willingness, openness and commitment in diving into this level of deep introspective men's work.

STEP 1

Fill Out Your Application

Submit Application

STEP 2 Be Invited To Interview

You may be invited to an interview based on your application. We expect more applicants for entry into the MI-IR program than the available 15 spots. Not all applicants may enter this program. All applicants will have to go through an application / casual interview process. If you are interested in this program, you have the highest chance of gaining entry by applying early. The men in this program are selected based on their readiness, willingness for change, openness, and commitment in diving deep into this level of introspective work

STEP 3 Pay Program Tuition

You may be invited to an interview based on your application. We expect more applicants for entry into the MI-IR program than the available 15 spots. Not all applicants may enter this program. All applicants will have to go through an application / casual interview process. If you are interested in this program, you have the highest chance of gaining entry by applying early. The men in this program are selected based on their readiness, willingness for change, openness, and commitment in diving deep into this level of introspective work.

MI-IR Tuition [Paid In Full] \$55,160.000 Claim Your Spot
Barbon Spot
Barbon

Helpful Information

- \odot Room & board at the retreat location plus meals are included in the cost of this program.
- ⊘ Travel costs are not included.
- $\ensuremath{\mathfrak{S}}$ $\ensuremath{\mathsf{Free}}$ access to Embodied Masculine's weekly embodiment circle gatherings during the session period.
- $\,\, \odot \,\,$ 1 full scholarship & 1 partial scholarship will be offered for this program.
- 🐵 Email miir@embodiedmasculine.com (subject: MI-IR 2024 scholarship) for consideration.
- ${\ensuremath{\mathfrak{S}}}$ If you've already attended an Embodied Masculine event or course under scholarship, you do not qualify.
- All MI-IR alumni early registration starts April. 30th, 2023, and ends June. 31, 2023. Initiated men may go directly and register in STEP 3.

Submit Application